Health, Society and Wellbeing (Senate Hall) 13:30 – 16:00

Moderators: **Mădălina Iliescu, Liliana Tuță**

STAKEHOLDER INTERVENTION		
13:30-13:40 Periklis Papias 1. Department of Mathematics, University of Ioannina, Greece 2. Unit of Medical Technology and Intelligent Information Systems, Dept. of Materials Science and Engineering, University of Ioannina, Ioannina, Greece		The DIOPTRA project: An introduction and MedLab's Contribution
ONLINE PAPER PRESENTATIONS		
1. **13:40-13:50**	**Aikaterini Kalampoki[1], Panagiotis Filis[2], Sofia Rizou[2], Evangelia E. Ntzani[2,3], Georgios Markozannes[2,4], Christina Chatzi[1], Athanasios Basios[1], Eirini Chaski[1], Evangelos C. Rizos[1]** 1 Department of Nursing, Laboratory of Innovative Technologies in Pathology, Preventive Medicine and Holistic Care, School of Health Sciences, University of Ioannina, Ioannina, Greece. 2 Laboratory of Hygiene and Epidemiology, Faculty of Medicine, University of Ioannina, Ioannina, Greece. 3 Department of Health Services, Policy and Practice, School of Public Health, Brown University, United States of America. 4 Department of Epidemiology and Biostatistics, School of Public Health, Imperial College London, London, UK	eHealth Interventions for Increasing Physical Activity in Healthy Individuals: A Systematic Review and Meta-Analysis of Randomized Controlled Trials
2. **13:50-14:00**	**Athanasios Basios[1], Georgios Markozannes[2,3], Evangelia E. Ntzani[2,4], Konstantinos K. Tsilidis[2,3], Aikaterini Kalampoki[1], Christina A Chatzi[1], Eirini Chaski[1], Evangelos C. Rizos[1,5]** [1] Department of Nursing Health Sciences, University of Ioannina, Greece [2] Department of Hygiene and Epidemiology, University of Ioannina School of Medicine, Ioannina, Greece [3] Department of Epidemiology and Biostatistics, School of Public Health, Imperial College London, London, UK	Medication Adherence, Treatment Persistence and Discontinuation in Cardiovascular Prevention: Real-World Evidence from Epirus, Greece

	[4] Department of Health Services, Policy and Practice, School of Public Health, Brown University, RI, USA [5] Laboratory for Innovative Technologies in Internal Medicine, Preventive Medicine and Overall Care, University of Ioannina, Greece	
3. **14:00-** **14:10**	**Lien Van den Broeck, Steffi Rijs, Annelien Desplenter, Barbara Plovie** Research Group Health Promotion	Developing Resilient Community-Based Prevention Ecosystems: A Cross-Border Intervention Mapping Approach in the HIVE Project
IN-PERSON PAPER PRESENTATIONS		
1. **14:10-** **14:20**	**Kirsten H Flaten, Britt Sem-Johansen & Elin Heie-Lie** Supervisor and students	Cool Little Kids - enhancing social skills in toddlers
2. **14:20-** **14:30**	**Hassan Alipanahzadeh[1], Eli Eikefjord[12], Max Korbmacher[123]*** [1]Department of Health and Functioning, Western Norway University of Applied Sciences, Bergen, Norway[2]Mohn Medical Imaging and Visualization Centre (MMIV), Bergen, Norway[3]Neuro-SysMed group, Department of Neurology, Haukeland University Hospital, Bergen, Norway	Exploring the impact of patients' risk-benefit and knowledge perceptions on trust and intention to use AI based medical imaging tools in Radiology
3. **14:30-** **14:40**	**Julie Hammerseth Herstad (1,4), Laila Norstrand Berg (3), Janne Låver (1,2), Eli Natvik (1,2)** (1) District General Hospital of Førde, Department of Research and Innovation, Helse Førde, Førde, Norway (2) Department of Health and Functioning, Western Norway University of Applied Sciences, Bergen, Norway(3) HVL Business School, Western Norway University of Applied Sciences, Sogndal, Norway(4) Department of Health and Caring Sciences, Western Norway University of Applied Sciences, Førde, Norway	Understanding Psychological Well-Being in Emerging Adulthood: Insights from Norwegian Folk High Schools
4. **14:40-** **14:50**	**Mădălina Iliescu, Liliana Elena Stanciu** Ovidius University of Constanța	Interdisciplinary healthcare approaches in lifestyle medicine
5.	**Yeujin Ki, Andrew A. McAleavey, Janne-Merete T. Øien, Tron Anders Moger, Christian Moltu**	The distance between what patients say matters and what we measure. A mixed

14:50-15:00	Western Norway University of Applied Sciences (HVL), Faculty of Health and Social Sciences, Norway, Førde Hospital Trust (Helse Førde), University of Oslo, Norway	methods study of specialist mental healthcare
6. 15:00-15:10	**Andra Tufeanu** University of Bucharest	Midwifery Schools in Romania (1866–1900): The Professionalization of a Tradition on the Path to Emancipation
7. 15:10-15:20	**Adrian Ursachi** Casa de Asigurări de Sănătate Iași	Considerations Regarding State Involvement in Promoting and Ensuring Public Health in the School Environment and Monastic Ecclesiastical Institutions
8. 15:20-15:30	**E. Palaigeorgiou, A. Thomas, D. Houhoula, P. Christodoulou, D. Antonopoulos, E. Ntzani, I. Papachristos, D. Exarhos, S. Farmaki, P. A. Dalla and T. Matikas** 1. Department of Materials Science and Engineering. University of Ioannina, Greece 2. Department of Food Science and Technology. University of West Attica, Greece 3. Police Medical Department. Hellenic Police, Greece 4. Medical School. University of Ioannina, Greece.	Hydrological change and skeletal isotope archives in Southern Europe: bioapatite, collagen and the unresolved link to bone mechanical integrity
9. 15:30-15:40	**Christina A. Chatzi 1, Georgios Markozannes 2,3, Evangelia E. Ntzani 2,4, Konstantinos K. Tsilidis 2,3, Kyria-kos Kazakos 5, Aikaterini Kalampoki 1, Athanasios Basios 1, Eirini Chaski 1, Evangelos C. Rizos 1** 1 Department of Nursing, Laboratory of Innovative Technologies in Pathology, Preventive Medicine and Holistic Care, Ioannina, Greece. 2 Department of Medicine, Laboratory of Hygiene and Epidemiology, Ioannina, Greece. 3 Department of Epidemiology and Biostatistics, School of Public Health, Imperial College London, London, United Kingdom. 4 Department of Health Services, Policy and Practice, School of Public Health, Brown University, USA. 5 Department of Nursing, School of Health Sciences, International University of Greece, Thessaloniki, Greece.	MedDiet Score and Lipidemic Profile: What applies to the population of Epirus, Greece?
10. 15:40-15:50	**Konstantia Kotsani[1], Dr. Dimitrios Varadinis[1], Dr. Panagiotis Mpogiatzidis[2], Dr. Olympia Anastasiadou[3], Dr. Eftherpi Pavlidou[4]** [1]Postdoctoral researcher, [2]Associate Professor, [3]Deputy Director of Nursing [4]Academic Supervisor	European AI Platform for Patient Rights, Clinical Governance and Safe Healthcare: A Resilience-Oriented Model for Patient-Centred Digital Health Transformation

14. **15:50-** **15:55**	**Nelisa Gafar[1,2], Marian-Cătălin Burcilă[2], Sebastian Radu[1,2], Elena Ciciu[1,2], Camelia Pană[1,2], Alina-Mihaela Stăniguț[1,2], Liliana-Ana Tuță[1,2]** [1]Faculty of Medicine, Ovidius University of Constanta, Romania [2]Constanța County Clinical Emergency Hospital, Romania	FROM GUIDELINES TO BEDSIDE: MAPPING CARDIOVASCULAR-KIDNEY-METABOLIC MULTIMORBIDITY IN SOUTHEASTERN ROMANIA
15. **15:55-** **16:00**	**Mila Georgieva[1], Liliana Tuță[2]** [1]Faculty of Public Health, Medical University of Varna, Bulgaria [2]Faculty of Medicine, Ovidius University of Constanța, Romania	From Valued Sessions to Future Learning Priorities: Learner and Faculty Feedback from an Erasmus+ Blended Intensive Programme on Medical Humanities and AI
POSTER PRESENTATIONS		
1.	**Alvhild Alette Bjørkum** Department of Safety, Chemistry and Biomedical Laboratory Science, Western Norway University of Applied Sciences, Bergen, Norway	One night of sleep loss can affect your resilienc and it can be measured in blood serum
2.	**Andreea Spînu, Carmen Ene-Voiculescu, Germina-Alina Cosma, Silvia Teodorescu, Alin Larion, Antonela Oltean** Doctoral School of Sport Science and Physical Education, Ovidius University of Constanța, Romania	Gymnastics as a Tool for Socialization and Wellbeing among Children and Young People
3.	**Vlad-Mircea Olar[1], Ionel Melenco[1], Carmen Ene-Voiculescu[1], Ion Mihăilă[2], Florin Cazan[1]** [1]Doctoral School of Physical Education and Sport, Ovidius University of Constanța, Romania [2]Doctoral School of Sport Science and Physical Education, National University of Science and Technology POLITEHNICA Bucharest, Pitești University Centre, Romania	Integration of Digital Wall and BlazePod Systems into U17 Handball Training: Effects on Physical and Reactive Performance
4.	**Cătălin Daniel Meranm Antoanela Oltean** Doctoral School of Sport Science and Physical Education, Institute of Doctoral Studies, Ovidius University of Constanța	Monitoring physical preparation in women's artistic gymnastics using digital technologies-literature review
5.	**Antonina Maria Christodoulou, Victoria Zakopoulou, Elena Venizelou**: Department of Speech and Language Therapy, Laboratory of Specific Language Disorders, University of Ioannina, Ioannina, Greece **Louiza Voniati**: Department of Health Sciences, Speech and Language Therapy, European University, Nicosia, Cyprus	A systematic literature review of early neurophysiological biomarkers of SLD-risk

	Konstantinos Tsamis: Faculty of Medicine, School of Health Sciences, University of Ioannina, Ioannina, Greece	
6.	**Aikaterini Kalampoki[1], Alexandros-Georgios Asimakopoulos[2], Evangelia E. Ntzani[3,4], Christina Chatzi[1], Athanasios Basios[1], Eirini Chaski[1], Evangelos C. Rizos[1]** [1] Department of Nursing, Laboratory of Innovative Technologies in Pathology, Preventive Medicine and Holistic Care, School of Health Sciences, University of Ioannina, Ioannina, Greece, [2] Department of Primary Education, School of Education, University of Ioannina, Ioannina, Greece, [3] Department of Hygiene and Epidemiology, School of Medicine, University of Ioannina, Ioannina, Greece [4] Center for Evidence-Based Medicine, Department of Health Services, Policy and Practice, School of Public Health, Brown University, Providence, RI, USA	Accuracy and Diagnostic Reliability of Wearable Health Technology (Smart Rings, Smartbands, and Cuffless Devices) for Cardiovascular and Sleep Monitoring: A Systematic Review
7.	**Iordănica-Daniela Marcu (Buta), Carmen Ene-Voiculescu** Ovidius University of Constanta	Exercise-Based Postural Correction Using DAVID Spine Technology: Effects on Pain, Balance, and Well-Being in Adolescent Females
8.	**Diane Paula Corina Vancea, Kamer-Ainur Aivaz, Elena Condrea, Cristina Duhnea** Ovidius University of Constanta	Global Case Studies and Public Policy Recommendations in Food Waste Management
9.	**Flavia Giorgiana Pop (Barbu-Florescu), Alin Larion, Antoanela Oltean** Ovidius University Constanta	Identifying motor development gaps in children aged 6–12: a diagnostic framework for health, wellbeing, and motor resilience
10.	**Andreea-Dalila NEDELCU (1,2,3), Liliana-Elena STANCIU (2,3), Mădălina-Gabriela ILIESCU (1,2,3)** 1) UOC 3) Balneal and Rehabilitation Sanatorium of Techirghiol, Romania	Genetic Perspectives on Sarcopenia and Sarcopenic Obesity: From Systematic Evidence to Clinical and Molecular Assessment
11.	**Panagiotis Lentzaris[1,2,#], Elena Saka[1,2], Savvas Christoforidis[1,2,*]** [1] Biomedical Research Institute, Foundation for Research and Technology-Hellas, Ioannina, Greece, [2] Laboratory of Biological Chemistry, UOI, [#] Presenting author,	Making the invisible visible: a new, accessible way to look inside blood vessel cells

12.	**Dimitra Chatzi, George Efthimiou, Katerina Plakitsi** Department of Early Childhood Education, School of Education, University of Ioannina, Ioannina, Greece	One Health Education: A US–Greece Interdisciplinary Study Abroad Program (2025–2026) for Global Sustainability and Cultural Resilience
13.	**Elena Venizelou, Victoria Zakopoulou, Antonina Maria Christodoulou**, Laboratory of Specific Learning Disorders, Department of Speech and Language Therapy, School of Health Sciences, University of Ioannina, Ioannina, Greece **Marika Syrrou**, Laboratory of General Biology, UOI **Eleni Bonti**, 1st Department of Psychiatry, School of Health Sciences, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece	The Diagnosis of Specific Learning Disorder: The Co-occurrence of Stress with Difficulties in Psychomotor, Language and Cognitive Development in an Early Network of Complex Interactions
14.	**Athanasios Basios[1]**, **Georgios Markozannes[2,3]**, **Evangelia E. Ntzani[2,4]**, **Konstantinos K. Tsilidis[2,3]**, **Aikaterini Kalampoki[1]**, **Christina A Chatzi[1]**, **Eirini Chaski[1]**, **Evangelos C. Rizos[1,5]** [1] Department of Nursing Health Sciences, University of Ioannina, Greece [2] Department of Hygiene and Epidemiology, University of Ioannina School of Medicine, Ioannina, Greece [3] Department of Epidemiology and Biostatistics, School of Public Health, Imperial College London, London, UK [4] Department of Health Services, Policy and Practice, School of Public Health, Brown University, RI, USA [5] Laboratory for Innovative Technologies in Internal Medicine, Preventive Medicine and Overall Care, University of Ioannina, Greece	Statin Adherence in ASCVD Prevention: Evidence from Two Systematic Reviews and Meta-Analyses
15.	**Christina A. Chatzi[1], Georgios Markozannes[2,3], Evangelia E. Ntzani[2,4], Konstantinos K. Tsilidis[2,3], Kyria-kos Kazakos[5], Aikaterini Kalampoki[1], Athanasios Basios[1], Eirini Chaski[1], Evangelos C. Rizos[1]** 1 Department of Nursing, Laboratory of Innovative Technologies in Pathology, Preventive Medicine and Holistic Care, Ioannina, Greece. 2 Department of Medicine, Laboratory of Hygiene and Epidemiology, Ioannina, Greece. 3 Department of Epidemiology and Biostatistics, School of Public Health, Imperial College London, London, United Kingdom. 4 Department of Health Services, Policy and Practice,	SCORE 2 and Anthropometric Characteristics: What applies to the population of Epirus, Greece?

	School of Public Health, Brown University, USA. 5 Department of Nursing, School of Health Sciences, International University of Greece, Thessaloniki, Greece.	
16.	**Gina-Luminița Zaharia (Comănescu)[1], Luminița Pață[1], Florentina-Raluca Solomon (Legănel-Solomon)[1], Bogdan-Ștefan Negreanu-Pîrjol[2,3], Dan Răzvan Popoviciu[4], Ticuța Negreanu-Pîrjol[1,2,6,*], Natalia Roșoiu[1,5,6]** [1] Institute of Doctoral Studies, Doctoral School of Applied Sciences, Biology, Ovidius University of Constanța, [6] Academy of Romanian Scientists, Biological Sciences Section, 3, Ilfov Street, 050044 Bucharest, Romania	Comparative Physicochemical Characterization of Hydroalcoholic Extracts from Indigenous Fruits with Antioxidant and Nutraceutical Potential
17.	**Dumitru Sebastian Radu[1,2], Mukaj Ira[1,2], Marian Cătălin Burcilă[2], Gafar Nelisa[1,2], Camelia Pană[1,2], Liliana-Ana Tuță[1,2]** [1]Faculty of Medicine, Ovidius University of Constanța, Romania [2]Constanța County Clinical Emergency Hospital	BEYOND AGE PROTECTION: ACUTE KIDNEY INJURY IN HOSPITALIZED YOUNG ADULTS, A REAL-WORLD PRACTICE